THE ARCHAEOBOTANY OF PEELO. 3. IRON AGE AND ROMAN PERIOD

W. VAN ZEIST & R.M. PALFENIER-VEGTER

Vakgroep Archeologie, Groningen, Netherlands

ABSTRACT: In the third report on the archaeobotany of Peelo the floral remains recovered from settlement traces excavated on the parcels designated as Haverland and Kleuvenveld are discussed. The crop plants recorded agree with those from other Iron Age and Roman period settlement sites in Drenthe. One of the Kleuvenveld samples provided evidence for the collecting of acorns, probably for human consumption. In the final section a survey of the total Peelo plant record, covering the period of c. 800 BC to the 17th/18th century AD, is presented.

KEYWORDS: Cultivated plants, field weeds, acorns, survey of Peelo plant record.

1. INTRODUCTION

In previous reports on the palaeobotanical examination of Peelo, plant remains recovered from the Late Iron Age/Roman period occupation on the terrain called 'de Es' and from medieval settlement features on the Hovinge, Derkinge and Bremer parcels are discussed (van Zeist & Palfenier-Vegter, 1991/1992; 1993/1994). The present report deals with Iron Age and Roman period floral remains from the Haverland and the Kleuvenveld (for location of the excavation areas, see fig. 1). The results of the excavations carried out on the Kleuvenveld are presented by Kooi in this volume of Palaeohistoria. In the same report the excavations on the terrain of a former manor-house (burcht) are discussed. From the latter site no samples for botanical examination were secured. The settlement remains uncovered on the Haverland are treated in a previous report on the Peelo excavations (Kooi, 1993/1994). In conformity with the archaeological periodization at present adopted for the Netherlands, the period AD 0-400 is indicated as Roman period (instead of Roman Iron Age as was done in the previous reports on the Peelo plant remains).

Almost all Iron Age and Roman period samples from the Kleuvenveld and Haverland are dry-soil samples. In only two samples, from the fill of wells, plantremains were preserved in a waterlogged condition (table 5). The complaint in the previous Peelo botanical reports, that most of the dry-soil samples were poor in charred plant remains, applies also to the Kleuvenveld and Haverland samples. Thus, 37 of the 54 soil samples secured from the Kleuvenveld turned out to be without seeds. In only one case, seeds were observed with the naked eye (acorn sample 1093). From the majority of the Haverland samples, charred plant remains could be recovered, but often in small to very small numbers.

The samples which yielded one or more seeds are listed in table 1. Sclerotia of *Cenococcum geophilum* and wood charcoal are left out of consideration.

In contrast to the previous reports on the palaeobotany of Peelo, in this paper the full results of the analyses of the Kleuvenveld and Haverland charred seed samples are presented (tables 2-4). Unidentified seeds are not listed. These tables clearly show the predominantly poor recovery.

2. KLEUVENVELD

The total numbers of cultivated plant remains recorded from Early Iron Age (800-600 BC) Kleuvenveld are only small (table 2), but the crop-plant assemblage (hulled barley, emmer wheat, broomcorn millet, flax and gold-of-pleasure) agrees with that of other Iron Age settlement sites in Drenthe, such as Noordbarge (van Zeist, 1981) and Dalen (van Zeist & Palfenier-Vegter, 1994). Admittedly, the role of Camelina sativa is somewhat uncertain, as this species could also have occurred as a weed in flax fields. On the other hand, for Iron Age and Roman period sites in the coastal area of the north of the Netherlands, it may safely be assumed that Camelina was grown intentionally (van Zeist, 1974). For that reason it seems justified to take the line that on the sandy soils of Drenthe, too, gold-of-pleasure was cultivated (for its oleaginous seeds).

The scarcity of plant remains finds also expression in the small number of wild species recorded. Moreover, total numbers of weed seeds are usually small. Striking is the relatively good representation of wild millet-type species: *Digitaria ischaemum*, *Echinochloa crus-galli*, *Setaria viridis*. These species are summer annuals which are thought to have occurred under spring-sown (summer) cereals and in root-crop beds.

Table 1. Samples presented in tables 2-5. Post stands for fill of a posthole.

No.	Context of sample
Haverland, Midd	lle to Late Iron Age
1657	Pit
1785	Entrance post of farm
1786	Upright of farm
1787	Post
1789	Post
Haverland, Roma	an period
1602	Refuse pit
1610	Pit
1620	Post of farm
1632	Pit
1649	Post
1653	Pit
1658a	Fill of well (upper part)
1658b	Fill of well (waterlogged)
1676	Refuse pit
1680	Refuse pit
1683	Refuse pit
1715	Fill of well (upper part)
1716	Pit
1723	Pit
1781	Fill of well (waterlogged)
1792	Fence
1861	Fence
1874	Post of farm
1877	Entrance post of byre
1895	Entrance post of byre
1926	Post of farm (byre)
1927	Post of farm (byre)
1928	Post of farm
Kleuvenveld, Ear	ly Iron Age
1060	Pit
1073	Upright of farm
1076	Upright of farm
1077	Upright of farm
1081	Wall post of farm
1083	Wall post of farm
1090	Post of granary
1093	Upright of farm; 2445±35 BP
1105	Post of granary
1112	Pit
1143	Post
1147	Pit
1163	Post of granary?
11 7 7	Refuse pit
1184	Post of barn
1190	Post of barn
1195	Post of barn
1196	Post of barn

Broomcom millet is a typical summer crop and barley may, at least partly, have been grown as summer cereal. Of barley, both autumn-sown and spring-sown varieties occur. Other (potential) weeds of summer cereals include Polygonum lapathifolium, Polygonum persicaria and Chenopodium album. Polygonum convolvulus, on the

other hand, is a weed under winter cereals, such as emmer wheat.

At present, Digitaria ischaemum is a rare species in the north of the Netherlands (Weeda et al., 1994: p. 222), but in ancient times it may have been more common in this part of the country. At least, this is suggested by the more than accidental finds of caryopses of this grass in late prehistoric and early-historical sites on the sandy soils of Drenthe, such as Noordbarge (van Zeist, 1981), Peelo-Kleuvenveld (this paper), Dalen-Thijakkers (van Zeist & Palfenier-Vegter, 1994) and Gasselte (van Zeist & Palfenier-Vegter, 1979).

Some special attention is drawn here to the charred acoms in samples 1093 and 1143. The numbers of acoms listed are calculated ones, based upon the weight of the acom remains and the weight of a number of half nuts (cotyledons). Particularly from the relatively large acom sample it may be concluded that at Peelo acoms were collected and stored as food for humans. In western Europe, finds of concentrations of charred acoms are not exceptional and date from the late Neolithic to the Roman period (Knörzer, 1972; Jørgensen, 1977). As for the north of the Netherlands, a large find, corresponding with c. 1800 acoms, is recorded from Iron Age Dalen-Huidbergsveld (van Zeist & Palfenier-Vegter, 1994).

Of 10 cotyledons the dimensions have been determined: length 12.5-17.3 (mean 14.55) mm; breadth 7.1-9.8 (mean 8.60) mm; 100L/B index 146-216 (mean 170). The Peelo acorns are, on average, smaller than those from Dalen, with mean values of 18.79x10.32 mm.

In Europe, written sources report upon the use of acorns as human food in times of shortage. From acorn flour, whether or not mixed with rye flour, bread was made. Prior to food preparation, the bitter and toxic tannin had to be removed, which could have been done by roasting. Roasting has the additional advantage that the acorns become brittle, after which they can more easily be ground. The practice of roasting may largely be held responsible for the archaeological charred acorn finds.

More than once the question is posed (by archaeologists) whether concentrations of charred cereal grains in the fill of post-holes could be the remains of offerings that had been deposited there during the construction of the farm or granary. In that case one must assume that the grains had been deposited in a carbonized condition. Whether or not this has been a practice in ancient times, may for ever remain a matter of speculation. The acorn sample No. 1093 may be adduced in favour of the opinion that charred seeds in post-holes had no ritual meaning, but that they were present in the soil which was shovelled into the pit. At least, it is unlikely that acoms, which were emergency food, would have been offered to the higher powers.

Table 2. Kleuvenveld. Early Iron Age charred seed samples. Numbers of seeds, etc. + = one or a few fragments.

Sample number	1060	1073	1076	1077	1081	1083	1090	1093	1105	1112	1143	1147	1177	1184	1190	1195	1196	Sum
Hordeum vulgare	-	-	-	-	-	-	-	-	-	-	1	-	+	2	-	1	-	4+
Hordeum,																		
rachis internodes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
Triticum dicoccum.	1.	-	-	-	-	-	-	-	1	-	-	-	1	2	-	-	-	5
T. dicoccum,																		
glume bases	-	-	-	-	-	-	-	-	-	-	-	-	4	1	.1	4	-	10
T. dicoccum,																		
spikelet forks	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	-	2
Panicum miliaceum	-	-	-	-	-	-	-	-	-	1	1	-	-	-	\pm	-	-	2
Camelina sativa	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	1
Linum usitatissimum	-	-	-	-	-	-	-	-	-	-	-1		1	-	-	-	-	1
Corylus avellana	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	+
Quercus spec.	-	-	-	-	-	-	-	110	-	-	17	-1	-	-	-		-	127
Chenopodium album	-	-	-	3	-	1	-		-	1	-	2	2	-	-	1	-	9
Digitaria ischaemum	-	-	-	-		-	-	-	_	12	_	-	-	-	18	1	-	19
Echinochloa crus-galli	-	-	-	-	2	-	-	-	-	-	81	+1	4	-	_	-	-	4
Erica tetralix, leaflet	-	-	1	-	-	-	-	-	-	-	-		-	-	*	-	-	1
cf. Knautia arvensis	-	-	-	-	-	1	-		-	-	-	-	1-	-	-	-	-	1
Polygonum convolvulus	-	-	-	-	2	-	-	-	-	-	1	-	14	-	1	-	1	5
Polygonum hydropiper	-	-	-	_	_	-	-	-	-	-	-	-	2	-	-	-	-	2
Polygonum																		
lapathifolium	-	-	2	4	-	4	-		-	-	3	4	8	1	-	2	-	28
Polygonum persicaria	-	1	-	-	-	-	-	-	-	-	-	2	3	-	1	-	-	7
Polygonum spec.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6	-	-	6
Rumex acetosella	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1
Setaria viridis	-	-	-	2	-	3	-	-	-	-	1	-	-	-	4	1	-	11
Solanum nigrum	-	-	-	-	-	2	-	-	-	-	-	1	-	-	-	-	-	3
Spergula arvensis	-	-	1	-	-	-	-	-	-	-	-	-	1	-	1	-	-	3
Vicia spec.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	-	2
Buds	-	-	_	-	-	_		-	-	-	-	-	5	-	-	-	-	5
Droppings mouse/rat	-	-	-	-	-	9	-	-	-	-	-	-	-	-	-	-	-	9

3. HAVERLAND

3.1. Iron Age samples

Traces of (Middle to Late) Iron Age occupation on the Haverland were scarce (Kooi, 1993/1994), which explains the small number of samples secured for botanical examination. Of these samples, five yielded charred seeds and fruits (table 4). As in the Iron Age samples from 'deEs' (van Zeist & Palfenier-Vegter, 1991/1992: table 4) and the Kleuvenveld (table 2), seeds of field weeds are by far dominant; particularly in samples 1786 and 1787 weed seeds are comparatively numerous. In contrast to the Iron Age samples from 'de Es', no heather (*Calluna vulgaris*) twigs were found in the Iron Age samples from the Haverland (and only one in the Roman period samples: table 3).

One may assume that the crop-plant remains provide an incomplete picture of the plants cultivated by the Iron Age farmers, but at least the data do not contradict other archaeological records of Iron Age crop-plant assemblages in the north of the Netherlands. Thus, common oat (Avena sativa) and rye (Secale cereale) are not represented.

3.2. The Roman period

Compared to that of Roman period 'de Es' (van Zeist & Palfenier-Vegter, 1991/1992: table 2), the charred seed record of the Haverland (table 3) is poor. The number of wild plant taxa recorded is less than half of that at 'de Esi'and only a few taxa are represented by 10 or more seeds (Hordeum vulgare, Chenopodium album, Polygonum lapathifolium). As for the cultivated plants, there is evidence of Secale cereale and probably of Avena sativa (the species identity of naked oat grains cannot be determined).

The charred wild plant record is supplemented by the data obtained from two well samples (table 5). The waterlogged remains almost double the number of taxa recorded from Roman period Haverland. No ecological (phytosociological) grouping of the Kleuvenveld and Haverland floral records is presented, because the low numbers of taxa make such an exercise less meaningful.

Table 3. Haverland. Roman period charred seed samples. See caption table 2.

Sample number	1602	1610	1620	1632	1649	1653	1658a	1676	1680	1683	1715
Avena spec.	1	-	-	-	-	-	1	-	_	-	-
Hordeum vulgare	-	-	1	4	3	-	1	-	-	-	-
Hordeum, rachis internodes	-	-	-	-	-	-	-	1	*	-	-
Secale cereale	-	-	-	1	*	-	-	-	-	-	_
T. dicoccum, spikelet forks	-	-	-	-	-	-	1	-	-	-	-
Cereal grain fragments	-	-	-	-	-	-	-	+	-	-	_
Culm nodes	-	-	-	-	-	-	-	1	-		-
Panicum miliaceum	-	-	1	-	-	14	1	-	-	-	-
Vicia faba var. minor	-	-	-	-	-	-	1	-	-	-	-
Corylus avellana	-	-	-	-	-	-	-	_	-		_
Quercus spec.	-	-		-	-	-	-	-	1-1	-	-
Bromus hordaceus/secalinus	1	-	1	-	-	-	-	-	-	-	_
Carex spec.	-	-	-	-	-		1	4	-	-	-
Chenopodium album	2	-	1	11	5	-	-	-	-	2	-
Chenopodium ficifolium	-	-	-	1	4	-	-	-	_	-	-
Echinochloa crus-galli	-	-	-	-	-	-	-	-	-	-	_
Eleocharis multicaulis	-	-	-	-	-	-	-	1	-	-	-
Montia fontana	-	-	-	-	-	-	-	-	-	-	-
Polygonum aviculare	-	-	-	-	-	-	-	-	-	_	-
Polygonum convolvulus	-	-	-	1	1	-	-	-	-	-	-
Polygonum hydropiper	-	-	-	1	-	-	-	-		-	-
Polygonum lapathifolium	1	-	-	14	3	1	-	-	2	-	1
Polygonum spec.	-	-	-	-	-	-	-	-	-	1	-
Potentilla erecta	-	-	-	-	14	-	_	-		_	-
Ranunculus repens	-	-	-	-	14	-	-	-	14	-	-
Raphanus raphanistrum, pod segments	-	-	-	-	+	-	+	-	-	-	-
Rumex acetosella	-	-	-	3	-	-	-	2	-	-	_
Rumex conglomeratus	-	-	-	-	1	-	4	-	-	-	_
Setaria viridis	-	-	-	-	-	-	-	-	_	-	-
Spergula arvensis	-	-	-	-	-	-	1	-	-	-	-
Stachys arvensis/sylvatica	-	-	-			-	-	1	-	-	-
Vicia spec.	-	1	-	-	-	-	-	-	-	-	-
Twigs, Calluna vulgaris	-	-	-	-	-		-	-	-	-	-
Buds	-	-	-	-	-	-	5	-	-	-	-

However, the data are included in table 6 to be discussed in section 4.

4. CONCLUDING REMARKS

The Peelo floral record covers the period of c. 800 BC (beginning of the Iron Age) to the 17th/18th century AD. This fact should allow us to reconstruct, for this particular area, the history of plant cultivation and the development of the vegetation in response to the impact of man during a period of about 2500 years. All taxa recorded from prehistoric and (early-)historical Peelo are listed in table 7.

The history of plant cultivation at Peelo conforms to the picture obtained from other Iron Age and younger sites on the sandy soils in the north of the Netherlands. Crop plants at Iron Age Peelo included emmer wheat (*Triticum dicoccum*), hulled barley (*Hordeum vulgare*), broomcorn millet (*Panicum miliaceum*), flax (*Linum*

usitatissimum) and gold-of-pleasure (Camelina sativa). The Roman period witnessed the decline of emmer wheat and broomcorn millet, and the introduction of rye (Secale cereale) and common oat (Avena sativa). Hulled barley continued to be a predominant crop. There is evidence of flax, but not of gold-of-pleasure. Celtic bean (Vicia faba var. minor) is recorded from Roman period Peelo. Cereal crops of medieval Peelo were rye, hulled barley and common oat. Other cultivated plants of that period included flax, field pea (Pisum sativum) and Celtic bean. Two 17th/18th century waterlogged well samples provide evidence of buckwheat (Fagopyrum esculentum) cultivation. Indications of fruit growing are few and confined to the Middle Ages: bullace (Prunus domestica ssp. insititia) and probably cherry (Prunus avium/cerasus) and apple (Pyrus malus).

With the aim of tracing possible changes in the vegetation, the representation of the various vegetation types in the floral record of each of the three main occupation phases has been determined. Table 6 shows

1716	1723	1792	1861	1874	1877	1895	1926	1927	1928	Sum	Sample number
-	-	-	-	-	-	5	-	-	i 	2	Avena spec.
-	-	-	-	4	1	-	-	-	-	10	Hordeum vulgare
-	-	-	-	-	-	1	-	-	-	2	Hordeum, rachis internodes
-	-	· 1	٠.	*	1	-	-	-	-	3	Secale cereale
-	-	-	-	*	*	-	-	-	-	1	T. dicoccum, spikelet forks
-	-	-	-		-	-	-	-	-	+	Cereal grain fragments
6	-	-	-		~	-	-	-	-	7	Culm nodes
-	-	-	-	-	-	-	-	1	-	3	Panicum miliaceum
-	-	-	-	*	4	×	-	-	-	1	Vicia faba var. minor
-	-	-	-	-	-	+	-	-	-	+	Corylus avellana
+	-	-	-	-	-	-	-	-	-	+	Quercus spec.
-	-	-	-	-	-	-	-	-	-	2	Bromus hordaceus/secalinus
-	-	-	-	-	-	-	-	-	-	1	Carex spec.
-	2	-	1	20	10	-	1	4	- '	57	Chenopodium album
-	-	-	-		-	-	-	-	-	1	Chenopodium ficifolium
-	-	-	-	2	1	-	2	-	-	5	Echinochloa crus-galli
-	-	-	-	-	-	-	-	-	-	1	Eleocharis multicaulis
-	-	-	-	1	-	-	-	-	-	1	Montia fontana
1	-	-	-		-	-	-	-	-	1	Polygonum aviculare
-	-	-	-	-	-	-	1	-	-	3	Polygonum convolvulus
-	-	-	-	-	-	-	-	-	-	1	Polygonum hydropiper
-	1	-	5	10	7	-	8	2	2	57	Polygonum lapathifolium
-	-	-	-		-	-	-	-	-	1	Polygonum spec.
-	1	-	-		-	-	1	-	-	1	Potentilla erecta
1	-	-	-	-	-	-	-	-	-	1	Ranunculus repens
-	-	-	-	+	1	-	2	-	-	3+	Raphanus raphanistrum, pod segments
-	-	-	1	-	-	-	-	-	-	6	Rumex acetosella
-	-	-	-		-	-	-	-	-	5	Rumex conglomeratus
-	-	-	-	-	1	-	-	-	-	1	Setaria viridis
1	-	-	-	-	1	1	1	-	-	5	Spergula arvensis
-	-	-	-	-	-	-	-	-	-	1	Stachys arvensis/sylvatica
-	-	-	-	-	-	-	-	-	-	1	Vicia spec.
1	-	-	-	-	-	_	-	-	-	1	Twigs, Calluna vulgaris
4	-	-	=	_	-	-	_	-	-	9	Buds

the numbers of taxa characteristic of and/or common in the groups of vegetation postulated for Peelo. These groups correspond with those presented in van Zeist & Palfenier-Vegter (1993/1994: table 6), but for practical reasons some of the vegetation units of the latter table have been lumped together here. Taxa of indistinct ecological affinity, such as Gramineae indet. and *Carex* spec., are left out.

From table 6 it is evident that the three periods are very unequally covered archaeobotanically. The Iron Age is poorly represented with 28 taxa only, and includes data from three areas, viz. 'de Es', Haverland and Kleuvenveld. The Roman period is already much better represented, due to the comparatively rich charred seed record from 'de Es' and the two waterlogged well samples from the Haverland. The well samples contribute greatly to the large number of taxa identified from medieval Peelo.

From the above it is clear that the numbers of taxa per period and vegetation type are first and foremost a

function of the chances of seeds being preserved. Although one may assume that in the course of time the number of species of arable fields and other synanthropic habitats increased, it is most unlikely that there was such a dramatic increase in species as is suggested by the floral record obtained from Peelo. Thus, it is difficult to imagine that in the Middle Ages, marshes and woodland were of much greater extent than in the Iron Age. On the other hand, due to the efforts of man, the grassland acreage may have increased considerably in the course of time. One is left with the disappointing conclusion that the Peelo archaeobotanical record hardly allows any suggestions as to changes in the vegetation (cover) of the area.

One can only speculate on the question why the Peelo charred seed record is generally poor. Only some of the samples from Roman period 'de Es' yielded satisfactory numbers of seeds and fruits (van Zeist & Palfenier-Vegter, 1991/1992: table 2). One may wonder to what extent the density of charred plant remains

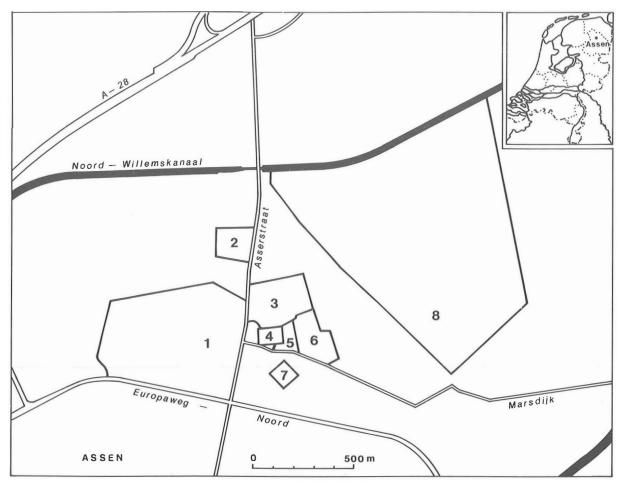


Fig. 1. Peelo. Areas excavated entirely or in part. 1. De Es; 2. Nieuwland; 3. Haverland; 4. Hovinge; 5. Bremer; 6. Derkinge; 7. De Burcht; 8. Kleuvenveld.

Table 4. Haverland. Middle to Late Iron Age charred seed samples. See caption table 2.

Sample number	1657	1785	1786	1787	1789	Sum
Hordeum vulgare	-	1	-	1	-	2
Triticum dicoccum		1		-	-	1
T. dicoccum, glume base		-		1	-	1
Cereal grain fragments		-	+	-	-	+
Linum usitatissimum	-	-	1	-	-	1
Carex panicea	-	_	-	1		1
Chenopodium album	-		2	3	-	5
Echinichloa crus-galli	-	-	2	2	-	4
Festuca (rubra)		1		-	-	1
Plantago lanceolata	-	-	-	1	-	1
Polygonum convolvulus		1		3	1	5
Polygonum hydropiper		2	2	1	-	5
Polygonum lapathifolium	1	1	60	90	5	157
Polygonum persicaria		-		2	-	2
Ranunculus repens		-			1	1
Rumex acetosella		1	12	7	-	20
Solanum nigrum	-	-	4	8	1	13
Spergula arvensis	1	3	19	8	2	33
Stellaria media		1	5	5	1	12
Trifolium repens	-	-	1		-	1
Vicia spec.			1			1

Table 5. Haverland. Numbers of seeds, etc. in two waterlogged well samples (2nd-3rd century AD).

Sample number	1658b	1781
Well number	29	28
Part of sample examined	1/10	1/1
Atriplex patula/prostrata .	9	-
Bidens tripartita	3	-
Capsella bursa-pastoris	6	-
Carex paniculata	1	-
Chenopodium album	213	10
Chenopodium ficifolium	7	-
Echinochloa crus-galli	1	-
Juncus bufonius	3	-
Mentha aquaticalarvensis	2	-
Poa annua	5	-
Poa pratensis/trivialis	5	_
Plantago major	5	-
Polygonum aviculare	5	Ξ.
Polygonum hydropiper	18	-
Polygonum lapathifolium	37	3
Polygonum persicaria	33	_
Pteridium aquilinum, frond fragment	1	-
Ranunculus repens	1	-
Ranunculus sardous	1	-
Raphanus raphanistrum, pod segment	1	-
Rubus idaeus	1	1
Rumex acetosella	2	2
Rumex obtusifolius	251	6
Sambucus nigra	10	-
Scirpus setaceus	1	-
Scleranthus annuus, calyx	-	1
Solanum nigrum	26	_
Sonchus asper	11	1
Spergula arvensis	15	-
Stachys arvensis/sylvatica	2	-
Stellaria media	15	2
Stellaria spec.	1	
Urtica dioica	142	12
Urtica urens	4	-
Viola spec.	-	1

is connected with the intensity and duration of occupation. On the other hand, one should also consider the effect of domestic practices: (charred) waste may not have been left lying around the houses, but may have been dumped somewhere outside the farmsteads.

The co-operation of Dr. A.L. Brindley, Mr. G. Delger and Dr. P.B. Kooi in the preparation of the publication is gratefully acknowledged.

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Table 6. Numbers of taxa characteristic of and/or common in the groups of vegetation postulated for Peelo. Starting point is the ecological groups presented in van Zeist & PalfenierVegter (1993/1994: table 6), but here some of these groups have been lumped. Numbers in parentheses are of taxa which occur in more than one of the groups distinguished.

Period	Iron Age	Roman period	Middle Ages
Number of taxa included	28	73	116
Weeds of winter cereals	4(1)	11(4)	16(8)
Weeds of summer cereals, root			
crops and vegetable gardens	10(6)	19(15)	26(17)
Ruderal vegetations	4(4)	15(11)	17(12)
Trodden places and ditches	2(1)	9(3)	17(8)
Wet and dry heathland	4(2)	5(3)	8(3)
Grassland	9(3)	26(8)	44(17)
Marshes and alder carr	2(1)	5(3)	15(8)
Woods, wood edges and hedges	2(0)	9(2)	13(3)

Table 7. English and Dutch names of plant taxa identified from Peelo. I. Iron Age; II. Roman period; III. Middle Ages (and post-medieval period); +. Present; -. Absent.

			I	II	III
Achillea millefolium	Yarrow	Gewoon duizendblad	-	-	+
Agrostis spec.	Bent-grass	Struisgras	-	+	+
Alnus glutinosa	Alder	Zwarte els	-	-	+
Alopecurus geniculatus	Marsh foxtail	Geknikte vossestaart	-	-	+
Anagallis arvensis	Scarlet pimpernel	Gewoon guichelheil	-	+	+
Anthemis arvensis	Corn chamomile	Valse kamille	-	-	+
Apera spica-venti	Loose silky-bent	Windhalm	-	+	-
Aphanes arvensis	Parsley piert	Grote leeuweklauw	-	٠.	+
Apium graveolens	Celery	Selderij	-		+
Arctium (pubens)	Burdock	(Middelste) klit	8	-	+
Arnoseris minima	Lamb's succory	Korensla	-	+	-
Atriplex patula/prostrata	Common/spear-leaved orache	Uitstaande melde/spiesmelde	-	+	+
Avena (sativa)	(Common) oat	Haver	-	+	+
Betula pubescens	Downy birch	Zachte berk	-	-	+
Betula spec.	Birch	Berk		-	+
Bidens tripartita	Trifid bur-marigold	Veerdelig tandzaad	-	+	+
Brassica nigra	Black mustard	Zwarte mosterd		-	+
cf. Brassica	Cabbage/mustard	Kool/mosterd	+	-	-
Bromus hordaceus/secalinus	Soft brome/chess	Zachte dravik/dreps	~	+	+
Callitriche spec.	Water-starwort	Sterrekroos	-	-	+
Calluna vulgaris	Heather	Struikhei	+	+	+
Camelina sativa	Gold-o f-pleasure	Dederzaad	+	-	-
Capsella bursa-pastoris	Shepherd's purse	Herderstasje	-	+	+
Carex cuprina	False fox-sedge	Valse voszegge	-	+	+
Carex disticha	Brown sedge	Tweerijige zegge	-	-	+
Carex flacca	Glaucous sedge	Zeegroene zegge	-	+	-
Carex hirta (type)	Hairy sedge	Ruige zegge	4	-	+
Carex nigra (type)	Common sedge	Zwarte zegge	-	+	+
Carex oederi	Yellow sedge (Carex flava agg.)	Dwergzegge/geelgroene zegge	+	+	+
Carex panicea	Carnation sedge	Blauwe zegge	+	+	+
Carex paniculata	Greater tussock-sedge	Pluimzegge	-	+	+
Carex pilulifera	Pill sedge	Pilzegge	-	-	+
Carex pseudocyperus	Cyperus sedge	Cyperzegge	+	¥	-
Carex rostratalvesicaria	Bottle sedge/bladder sedge	Snavelzegge/blaaszegge	+	+	+
Carex spec.	Sedge	Zegge	-	+	+
Cerastium fontanum	Common mouse-ear	Gewone hoornbloem	_	-	+
Chenopodiaceae indet.	Goosefoot family	Ganzevoetfamilie	+	+	-
Chenopodium album	Fat hen	Melganzevoet	+	+.	+
Chenopodium ficifolium	Fig-leaved goosefoot	Stippelganzevoet	_	+	-
Chenopodium polyspermum	Many-seeded goosefoot	Korrelganzevoet	-	_	+
Chrysanthemum segetum	Corn marigold	Gele ganzebloem	-	_	+
Cirsium arvense	Creeping thistle	Akkerdistel	_	-	+
Cirsium vulgare	Spear thistle	Speerdistel	-	-	+
Claviceps spec.	Ergot	Moederkoren	_	+	2
Compositae indet.	Daisy family	Composietenfamilie	_	-	+
Conium maculatum	Hemlock	Gevlekte scheerling	_	+	+
Corylus avellana	Hazel	Hazelaar	+	+	+
Cuscuta spec.	Dodder	Warkruid		+	
Digitaria ischaemum	Smooth finger-grass	Glad vingergras	+	·	
Echinochloa crus-galli	Cockspur grass	Hanepoot	+	+	+
Eleocharis multicaulis	Many-stemmed spike-rush	Veelstengelige waterbies		+	
Eleocharis manicaans Eleocharis palustris	Common spike-rush	Gewone waterbies	-	+	+
Epilobium palustre	Marsh willowherb	Moerasbastaardwederik	-	T	+
Ephoblum palusire Erica tetralix	Cross-leaved heath	Dophei	_	-	
Erica ieiranx Euphorbia helioscopia		Kroontjeskruid	+		+
	Sun spurge		-		+
Euphrasia spec.	Eyebright Buckwheat	Ogentroost	-	+	+
Fagopyrum esculentum		Boekweit	-		+
Festuca pratensis	Meadow fescue	Beemdlangbloem	-	+	+
Festuca (rubra)	Red fescue	Rood zwenkgras	+	_	-

Table 7 (continued).

Galeopsis tetrahit/speciosa Common/large-flowered hemp-nettle Bleekgele hennepnete dauwnetel Galium aparine Common cleavers Kleefkruid Galium palustre Common marsh-bedstraw Moeraswalstro Galium spec. Bedstraw Walstro Glyceria fluitans Floating sweet-grass Mannagras Gramineae indet. Grass family Grassenfamilie Hordeum vulgare Hulled barley Bedekte gerst Hydrocotyle vulgaris Marsh pennywort Waternavel Hypochaeris radicata Common catsear Gewoon biggekruid Juncus articulatus Jointed rush Zomprus Juncus bufonius Toad rush Greppelrus Juncus effusus (type) Soft rush Pitrus Juncus squarrosus Heath rush Trekrus Juncus spec. Rush Rus		+ + + + + + + + + + + + + + + + + + + +	+ + + + + + + + + + + + + + + + + + + +
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Hordeum vulgareHulled barleyBedekte gerstHydrocotyle vulgarisMarsh pennywortWaternavelHypochaeris radicataCommon catsearGewoon biggekruidJuncus articulatusJointed rushZomprusJuncus bufoniusToad rushGreppelrusJuncus effusus (type)Soft rushPitrusJuncus squarrosusHeath rushTrekrus	+	+	+++++
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Juncus squarrosus Heath rush Trekrus			+
		-	+
Luncus cree Duch Duc	-	-	+
Juncus spec. Rush Rus		-	+
Knautia arvensis Field scabious Beemdkroon	+	+	+
Lamium album White dead-nettle Witte dovenetel	-	-	+
Lamium purpureum Red dead-nettle Paarse dovenetel	-	-	+
Leontodon autumnalis Autumn hawkbit Vertakte leeuwetand	-	-	+
Linum usitatissimum Flax, linseed Vlas	+	+	+
Lolium perenne Perennial rye-grass Engels raaigras	-	-	+
Lychnis flos-cuculi Ragged robin Echte koekoeksbloem	-	-	+
Lycopus europaeus Gipsywort Wolfspoot	-	-	+
Lythrum salicaria Purple loosestrife Grote kattestaart	-	-	+
Malus sylvestris/Pyrus malus (Crab) apple (Wilde) appel	-	-	+
Matricaria maritima Scentless mayweed Reukeloze kamille		+	+
Matricaria recutita Scented mayweed Echte kamille	-	-	+
Malva spec. Mallow Kaasjeskruid		+	-
Mentha aquatica/arvensis Water/com mint Akker-/watermunt	-	+	+
Moehringia trinervia Three-veined sandwort Drienerfmuur	-	-	+
Montia fontana Blinks Bronkruid	-	+	+
Myosotis arvensis/palustris Field/water forgetmenot Akker-/moerasvergeet	t-mij-nietje -	-	+
Myria gale Bog myrtle Gagel	*	-	+
Oenanthe aquatica Fine-leaved water-dropwort Watertorkruid	-	•	+
Panicum miliaceum Broomcom millet Pluimgierst	+	+	=
Pedicularis palustris Marsh lousewort Moeraskartelblad	-	5	+
Phleum pratense Timothy grass Timoteegras	-	+	-
Pisum sativum Field pea Erwt	-	-	+
Plantago lanceolata Ribwort plantain Smalle Weegbree	+	+	+
Plantago major Greater plantain Grote weegbree	-	+	+
Poa annua Annual meadow-grass Straatgras	-	+	+
Poa pratensis/trivialis Meadow grass/rough meadow-grass Veldbeemdgras/ruw b	eemdgras +	+	+
Polygonum aviculare Knotgrass Varkensgras	+	+	+
Polygonum convolvulus Black bindweed Zwaluwtong	+	+	+
Polygonum hydropiper Water-pepper Waterpeper	+	+	+
Polygonum lapathifolium Pale persicaria Knopige/viltige duizer	ndknoop +	+	+
Polygonum minus Small water-pepper Kleine duizendknoop	-		+
Polygonum persicaria Redshank Perzikkruid	+	+	+
Polygonum spec. Knotweed Duizendknoop	+	+	+
Potentilla anserina Silverweed Zilverschoon	=	-	+
Potentilla erecta Common tormentil Tormentil		+	+
Prunella vulgaris Self-heal Brunel	-	+	+
Prunus avium/cerasus Sweet cherry/sour cherry Zoete kers/zure kers	-	-	+
Prunus domestica ssp. insititia Bullace Kriekpruim	*	-	+
Pteridium aquilinum Bracken Adelaarsvaren	*	+	-
Quercus spec. Oak Eik	+	+	+
Ranunculus acris Meadow buttercup Scherpe boterbloem	-	-	+
Ranunculus flammula Lesser spearwort Egelboterbloem	8	+	+
Ranunculus repens Creeping buttercup Kruipende boterbloem	1 +	+	+
Ranunculus sardous Hairy buttercup Behaarde boterbloem			

Table 7 (continued).

			I	II	III
Ranunculus spec.	Buttercup	Boterbloem	-	-	+
Raphanus raphanistrum	Wild radish	Knopherik	-	+	+
Rhinanthus spec.	Yellow-rattle	Ratelaar	-	+	+
Rorippa palustris	Marsh yellowcress	Moeraskers	-	-	+
Rubus fruticosus	Blackberry	Gewone braam	-	-	+
Rubus idaeus	Raspberry	Framboos	4	+	+
Rubus spec.	Bramble	Braam	-	+	+
Rumex acetosella	Sheep's sorrel	Schapezuring	+	+	+
Rumex conglomeratus	Clustered dock	Kluwenzuring	-	+	-
Rumex crispus	Curled dock	Krulzuring	-	+	+
Rumex obtusifolius	Broad-leaved dock	Ridderzuring	-	+	+
Rumex spec.	Dock	Zuring	-	-	+
Sagina (procumbens)	(Procumbent) pearlwort	(Liggend) vetmuur	_	-	+
Sambucus nigra	Elder	Vlier	_	+	+
Scirpus maritimus	Sea club-ru sh	Heen	_	-	+
Scirpus setaceus	Bristle club-rush	Borstelbies	_	+	+
Scleranthus annuus	Annual knawel	Eenjarige hardbloem	_	+	+
Secale cereale	Rye	Rogge	_	+	+
Senecio aquaticus	Marsh ragwort	Waterkruiskruid	_	+	+
Setaria viridis	Green bristle-grass	Groene naaldaar	+	+	+
Sherardia arvensis	Field madder	Blauw walstro	-	-	+
Sinapis arvensis	Charlock	Herik	-	-	+
Solanum dulcamara	Bittersweet	Bitterzoet	-	-	+
Solanum autcamara Solanum nigrum	Black nightshade	Zwarte nachtschade	+	+	+
0	Prickly sow-thistle	Gekroesde melkdistel	+	+	
Sonchus asper	Branched bur-reed		-	+	+
Sparganium erectum	Corn spurrey	Grote egelskop Gewone spurrie	+	+	+
Spergula arvensis	Field/hedge woundwort	Akker-/bosandoorn	+	+	+
Stachys arvensis/sylvatica	Marsh woundwort	Moera sandoorn	-	+	
Stachys palustris	Lesser/marsh stitchwort			-	+
Stellaria graminea/palustris		Grasmuur/zeegroene muur	-	-	+
Stellaria media	Common chickweed	Vogelmuur	+	+	+
Stellaria spec.	Stitchwort	Muur	-	+	-
Taraxacum spec.	Dandelion	Paardebloem	-	-	+
Thelypteris palustris	Marsh fern	Moerasvaren	-	-	+
Thlaspi arvense	Field pennycress	Witte krodde	-	-	+
Trifolium repens	White clover	Witte klaver	+	-	-
Trifolium spec.	Clover	Klaver	-	+	-
Triglochin maritima	Sea arrow-grass	Schorrezoutgras	-	-	+
Triticum aestivum	Bread wheat	Broodtarwe	-	+	-
Triticum dicoccum	Emmer wheat	Emmertarwe	+	+	-
Umbelliferae indet.	Carrot family	Schermbloemenfamilie	-	+	-
Urtica dioica	Nettle	Grote brandnetel	-	+	+
Urtica urens	Annual nettle	Kleine brandnetel	-	+	+
Vaccinium myrtillus	Bilberry	Blauwe bosbes	-	+	+
Valeriana officinalis	Common valerian	Echte valeriaan	-	-	+
Vicia faba var. minor	Celtic bean	Duiveboon	-	+	+
Vicia spec.	Vetch	Wikke	+	+	+
Viola spec.	Violet	Viooltje	-	+	+